

# Content Outline

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[https://en.wikipedia.org/wiki/Myers%E2%80%93Briggs\\_Type\\_Indicator](https://en.wikipedia.org/wiki/Myers%E2%80%93Briggs_Type_Indicator)

## Project Title: Myers–Briggs Type Indicator

The Myers–Briggs Type Indicator (MBTI) is a popular framework that describes personality preferences across four pairs. Combining these yields 16 types. It's designed to highlight how people prefer to gain energy, process information, make decisions, and organize life. Widely used for self-reflection and team communication, MBTI is not a clinical test and faces criticism about reliability and scientific validity, which is a conversation tool, not a diagnosis.

### 1. Home / Overview

- What MBTI is (plain-language summary)
- “4 Dichotomies” quick intro (E–I, S–N, T–F, J–P)

### 2. History & Theory

- Origins (Jung → Katharine Cook Briggs & Isabel Briggs Myers)
- Test development & timeline

### 3. The Four Dichotomies

- One section per dichotomy with plain-English definitions + examples:
  - a. Extraversion vs. Introversion
  - b. Sensing vs. Intuition
  - c. Thinking vs. Feeling
  - d. Judging vs. Perceiving
- Combinations (e.g., INFJ, ESTP)

### 4. The 16 Types (Explorer)

- Responsive card grid (4×4 on desktop → 2×N tablet → 1×N mobile)
- Each card opens a **Type Detail** modal/page: letters breakdown, strengths/limitations, communication tips, famous examples (optional)

### 5. Use & Validity

- Where MBTI shows up (workplaces, coaching, team building)
- Reliability/validity concerns, test–retest, factor analysis notes